

NOTES



**Kittitas County
Aging & Disability
Services
Directory**

Provided by Aging & Disability Resource Center
Last Updated November, 2016

AGING AND DISABILITY RESOURCE CENTER

206 W. 1ST AVE. 925-8765 or 877-401-2583
ELLENSBURG

Ageing and Disability Resource Center: The central access point for information and assistance for seniors and adults with disabilities. Services include advocacy, assisting with benefit applications, long term care planning, in-home worker referrals, and case management for those with multiple needs.

Family Caregiver Support Program: Screening and assessment for unpaid caregivers to access support services such as respite, counseling, support group, and/or safety equipment.

Case Management: Under contract with DSHS, manages and authorizes continuing long-term, in-home care Medicaid services for adults.

CENTRAL WASHINGTON DISABILITY RESOURCES

200 E 4th Ave, ELLENSBURG 962-9620

Resource for people with disabilities of any age; provides case management, developmental disability support groups and therapeutic swim program. Services include skills training, counseling, assistance with housing, attendant care and advocacy.

COMPREHENSIVE MENTAL HEALTH

220 W. 4TH 309 E. 1ST
ELLENSBURG CLE ELUM
925-9861 674-1600

Consultative and supportive services offered to seniors and caregivers that are coordinated with family members, physicians and community resources. Programs include outreach services for homebound seniors, individual therapy, group therapy and medication consultation and management. Fees may be covered by Medicare or Medicaid.

FUNERAL HOMES

Steward & Williams Tribute Center 925-3141
Cascade Funeral Home 674-4445
Brookside Funeral Home & Crematory 925-2902

NUTRITION PROGRAM MEALSITES

Adult Activity Center, Ellensburg.....933-3333
Centennial Center, Home of the UKC Senior Center...674-7530

SENIOR / ADULT ACTIVITY CENTERS

Adult Activity Center, Ellensburg.....962-7242
Centennial Center, Home of the UKC Senior Center...674-7530

SENIOR HOUSING

Briarwood Commons, Ellensburg. 933-1888
Brookwood Apartments, Ellensburg. . . . 925-3509
Cahill Manor, Kittitas. 962-9006
Cascade Manor, Ellensburg. 925-3061
Cle Elum Manor, Cle Elum. 674-4771
Hampton Court, Ellensburg. 925-2899
Huntington Court, Ellensburg. 925-5178
Pennsylvania Place, Roslyn. 649-2281
Trinal Manor, Ellensburg. 962-9006

ADULT PROTECTIVE SERVICES (APS) . .800-459-0421

TRANSPORTATION

Adult Activity Center.. 962-7242
Cancer Society. 925-1619
HopeSource Transp.....933-2287/674-2251
Hospice Friends 962-7379
People For People/Medicaid. .800-233-1624
Rodeo Town Taxi. 929-4222

VETERANS' SERVICES

VA Coalition.....933-2932 / 674-3872
Transportation..... 509-457-2736

ASSISTED LIVING

Pacifica.....925-1220
Hearthstone Cottage.925-3099
Meadows Place.925-4484

ADULT FAMILY HOMES

Belair House.....674-4006
Nova House.....674-5203
Genteel Establishment.....968-3469
V.I.P. / A.F.H.....925-4049

CAREGIVERS, PRIVATE PAY...925-8765 / 877-401-2583

CLOTHING BANK

Kittitas Clothing Bank.....968-3331
Ellensburg Clothing Bank.....925-4188
Church of Christ Clothing Bank...925-1822

CRISIS LINE925-4168 /674-2881

FOOD BANKS

Food Bank.....674-2375
F.I.S.H/Soup Kitchen.....925-5990

IN-HOME CARE AGENCIES

Addus HealthCare.....877-415-7570
Home Care Services.....962-6242
ResCare Home Care866-670-4269
Total Care..... 1-800-404-8606

LEGAL SERVICES

CLEAR.....888-201-1014
CLEAR*Sr.....888-387-7111

MEDICARE

1-800-633-4227

NURSING HOMES

Prestige Post Acute Rehab.925-4171
State Ombudsman, Resident Advocate..... 800-643-2182

SOCIAL SECURITY ADMIN..... 1-800-772-1213

OPEN DOOR HEALTH CLINIC

521 E. MT. VIEW AVE., ELLENSBURG 929-7266
112 RAILROAD ST., CLE ELUM

Provides basic health care and referrals for low-income and un-insured people. First-come, first-serve basis. Bring proof of income. 1st & 3rd SATURDAY and 2nd and 4th THURSDAY in Ellensburg of every month. The 2nd and 4th SATURDAY in Cle Elum of every month.

**DEPARTMENT OF SOCIAL & HEALTH SERVICES
ECONOMIC AND MEDICAL SERVICES**

100 E. JACKSON AVE., ELLENSBURG
877-501-2233

Medical, financial and food assistance based on income and resources of the applicant.

HOME & COMMUNITY SERVICES

In-home supportive services based on need and income - assessment and initial authorization of COPEs and Personal Care services; assessment and case management for residents of nursing homes and other residential settings.

**KITTITAS VALLEY FIRE & RESCUE
SENIOR ASSISTANCE PROGRAM**

102 N. PEARL STREET, ELLENSBURG 933-7231

Assistance for household tasks, changing light bulbs, moving appliances for cleaning, turning mattresses. Contact duty officer who will decide if request can be filled and schedule the service. Can do fire and safety inspection while in the home. KVFR emergency calls take priority.

HOPESOURCE

700 E. MT. VIEW, SUITE 501 110 PENNSYLVANIA AVE
ELLENSBURG CLE ELUM
925-1448 674-2375

HopeSource is a non-profit corporation that provides assistance to low-income, elderly and persons with disabilities. Programs include information & referral, emergency services, transportation, energy assistance, weatherization and shelter services.

HOSPICE FRIENDS

302 SOUTH MAIN ST., ELLENSBURG 968-5117

Hospice Friends provides peace, comfort, and care for the frail elderly and anyone with a life-threatening illness. Services include: volunteer support, transportation to and from medical appointments, hospitality house, bereavement information, patient service referrals, equipment loans, and free nutritional supplements/supplies. All services are free of charge.

KVH HOME HEALTH & HOSPICE

309 MT. VIEW AVE.
ELLENSBURG 962-7438 or 800-734-5326 Ext.438

Intermittent skilled in-home care; Home Health requires physician referral. Services include registered nurses; physical, respiratory, speech and occupational therapies; social services and home health aides. Hospice care upon physician referral is available for end of life support.

LILAC BLIND FOUNDATION 800-422-7893

Provides Independent Living Services to the blind and visually impaired as well as a wide range of low vision aids. Training and services are provided in the participant's home.

TLC FOR CAREGIVERS

206 W. FIRST AVE., ELLENSBURG 925-8765 or 877-401-2583

A support group for people who provide unpaid care to family members or other adults who are frail and/or have a disability. The gatherings offer support and information in a comfortable and confidential environment.

RSVP and VOLUNTEER CENTER OF KITTITAS COUNTY

1206 N. Dolarway, Suite 219 rsvp@fairpoint.net
ELLENSBURG www.rsvp-wa.org/ellensburg
962-4311

Engaging residents of all ages in service by providing quality experiences that enriches the lives of the volunteers and those they serve. Programs include the SHIBA Helpline (Statewide Health Insurance Benefits Advisors), fall prevention, cartridge and cell phone recycling, citizen patrol, environmental projects, fraud fighters, Manastash Metric Bike Ride, and numerous other activities that engage people in service to others in our county.

SENIOR NUTRITION

804 ELMVIEW RD., ELLENSBURG 933-3333 or 674-7530

Elmview Nutrition Program provides meals (mid-day) for seniors (60+) at Adult Activity Center of Ellensburg and Upper Kittitas County Senior Center meal site or home delivered meals to home-bound seniors.

VOLUNTEER SERVICES

206 W. 1ST AVE, ELLENSBURG 929-3057

Volunteers provide minor home repair, yard work, shopping and transportation for seniors and adults with disabilities. Eligibility based on income.